

NARI SHAKTI - WOMAN POWER

Dr. Reena Johar

A WOMAN is the Best creation of Nature. The word NARI is made up of two syllables Na (not) + Ari (Enemy) meaning the one who does not have any Enemy OR who has no Enmity. Her external softness, beauty, sweet smile, tenderness of her heart, emotional, forgiveness, compassion, affection, kindness, tolerance, dedication, composure, sensitiveness are full glimpses of Nature...

A WOMAN is full of many great qualities and the best utilization of these qualities can make the Nation and the society great. Recognizing this forte of the Women the great philosopher Aristotle said "A Nation's prosperity or demise largely depends upon the condition of Women in the country".

A woman's company is a must for the internal growth of a man at every stage of his life. In his book "Savitri" Sri Arvind says "Love is the most predominant force in this Universe". Savitri's pure love compelled Yamraj to change his stringent laws. The Man who is deprived of love is originally hollow from inside, however strong he appears from outside.

Eleanor Roosevelt said "One woman with courage is a majority"

Swami Vivekananda said "If you do not raise the women, who are the living embodiment of the Divine Mother, don't think that you have any other way to rise. Women power is nothing but an incarnation of Shakti, who is the goddess of power. Once we are bestowed with her blessings our strengths will increase manifold!"

There's a famous adage "The Hand that rocks the cradle rules the world" Though a woman appears smaller in size but her stature is much greater in terms of emotions. An empowered woman will raise an empowered family.

Owing to her magnificent sweet nature a WOMAN turns a household in to HEAVEN. But when required, she has shown her courage and strength in battlefield too. No matter which field or endeavor whether it is religion, spiritualism, social or political – all are flooded with the stories of women's great contributions.

What then is **WOMAN EMPOWERMENT?** ***Empowerment is the process of increasing the capacity of individuals or groups to make choices and to transform those choices into desired actions and outcomes. It is a process which*** an individual becomes an agent of change. More simply put, it's the "can do" factor, going from "I can't" to "I can."

Laurel Thatcher Ulrich stated, "Well-behaved women seldom make history."

The United Nations (UN) observe 25th November as day for violence against women and 8th March as International WOMAN's DAY so that awareness could be brought to the people.

The origin of a child is a mother, a woman.she shows a man what sharing, caring, and loving is all about. That is the essence of a woman.

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